

FIRST VISIT REPRODUCTIVE HEALTH QUESTIONNAIRE  
*Shire Natural Fertility & Burraneer Wellness*

Please note this information is strictly confidential



**Part 1: Patient General Information**

Given Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name of GP: \_\_\_\_\_ Health Fund: \_\_\_\_\_

Occupation: \_\_\_\_\_

**Partners General Information**

Given Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name of GP: \_\_\_\_\_ Health Fund: \_\_\_\_\_

Occupation: \_\_\_\_\_

Home Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Post Code: \_\_\_\_\_

Telephone Home: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

Preferred email: \_\_\_\_\_

Have either of you been diagnosed with any of the following conditions?

Condition	Female	Male
Asthma		
Skin Conditions (Eczema, Dermatitis, Psoriasis)		
Diabetes Type I or II		
Thyroid Conditions (Hypo or Hyper)		
Gout or Arthritis		
Cardiovascular Disease or Hypertension		
Cancer (please specify _____)		
Allergies ( _____)		
Sinusitis		
Gastrointestinal Conditions (IBS, Ulcerative, Crohn's disease)		
Depression or Anxiety		

Please list any medications or supplements you take?

Female	Male



## Part 2: Reproductive History

Have you previously conceived? **Yes/No**

If yes, what were the results of these previous conceptions:

Full-term pregnancy **Yes/No** Ages of your children: \_\_\_\_\_

Miscarriage **Yes/No** Year & Month if known: \_\_\_\_\_

Other **Yes/No** Year & Month if known: \_\_\_\_\_

Are you currently using contraception **Yes/No** Method: \_\_\_\_\_

How long have you been using this method? \_\_\_\_\_

Have you ever taken the contraceptive pill? **Yes/No** If Yes when? From: \_\_\_\_\_ To: \_\_\_\_\_

Did you suffer from any side effects? **Yes/No** If so give details \_\_\_\_\_

Have you charted your basal (body at rest) temperature? **Yes/No**

Have you charted your cervical mucus? **Yes/No**

Were these methods successful for you? **Yes/No** Comment? \_\_\_\_\_

## ART (Assisted Reproductive Technology)

Have you undergone or are currently undergoing any of the following ART Procedures:

- Ovulation Induction **Yes/No** (please give year & month) \_\_\_\_\_
- IUI: **Yes/ No** (please give year & month) \_\_\_\_\_

Name of Fertility Specialist & Centre: \_\_\_\_\_

## Male Reproductive Health

Has your partner had any of the following medical investigations:

- Semen Analysis **Yes/No** \_\_\_\_\_
- Blood tests for hormone levels **Yes/No** \_\_\_\_\_

Rate your Libido **STRONG / MODERATE / MILD** \_\_\_\_\_

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**Female Reproductive Health**

Have you been diagnosed with any of the following conditions?

Endometriosis **Yes/No** \_\_\_\_\_

Fibroids **Yes/No** \_\_\_\_\_

PCOS (Polycystic Ovarian Syndrome) **Yes/No** \_\_\_\_\_

Candida (thrush) No/Occasionally/Frequently \_\_\_\_\_

Genito-Urinary Infections (Cystitis) **Yes/No** \_\_\_\_\_

Sexually Transmitted Disease **Yes/No** \_\_\_\_\_

Herpes/Blisters/Warts **Yes/No** \_\_\_\_\_

Rate your Libido **STRONG / MODERATE / MILD** \_\_\_\_\_

**Menstrual Cycle Details**

How often do you have a period? Your average length of cycle is \_\_\_\_\_ days

If this varies, give the shortest cycle experienced \_\_\_\_\_ days and the longest cycle \_\_\_\_\_ days

How many days do you bleed for? \_\_\_\_\_ Is the flow **HEAVY / MEDIUM / LIGHT?**

Do you experience mid-cycle spotting? **Yes/No** \_\_\_\_\_

Do you experience mid-cycle pain? **Yes/No** \_\_\_\_\_

Give the number of days, severity and timing if you suffer from the following menstrual symptoms:

	None / Slight / Moderate / Severe	Number of Days	Before/During Period
Abdominal cramping			
Backache			
Nausea/Vomiting			
Headache			
Constipation/Diarrhea			
Skin problems			
Sore breasts			
Fluid retention			
PMT			
Fatigue			
Food cravings			